

## 2.6 FAMILY SERVICE

### Objectives

The service objectives are to preserve and strengthen the family unit, by empowering individuals and their families as a whole, through different levels of professional intervention, and to improve the quality of family life.

### Highlights of the Year / Achievements

#### Love Message Design for Family Members

In response to the International Day of Families 2015, Caritas School Social Work Service, Caritas Primary School Guidance Project, Caritas Pre-school Education and Child Care Service launched “暖 Love Love” – Design of Love Message for Family Members.



香港明愛 愛家人語句設計活動



香港明愛 愛家人語句設計活動



香港明愛 愛家人語句設計活動

- Entrances from a primary school pupil (top), parents of a kindergarten child (middle) and a secondary school pupil (bottom)

#### “Love and Chastity” Comprehensive Sex Education Project

The Project has run 470 groups and programmes in 103 kindergartens, primary and secondary schools, serving 1,227 parents, 30,459 students and 454 teachers. A cross unit professional training with the theme “Sex – a scar that can be revealed” was held on 20 November 2015.



• Boys group in primary school



• Students workshop in primary school



- Professional training “Sex – a scar that can be revealed”

## HEAR Model

Caritas Family Crisis Line and Education Centre developed the “HEAR Model”, based on its 15 years of practical experience in risk assessment and intervention. Workshops have been held to share the application of the model in hotline service.



- Workshop on “HEAR” model for the hotline workers

## Debt Counselling and Financial Capability Project

In the past year, the Project handled more than 300 cases victimized by financial intermediary agents. Three victims and the project social workers met with the Legislative Council members to advocate reviewing the ordinance against such financial scams.



- Meeting at the Public Complaints Office of the Legislative Council

## Tree of Soul: Trauma Resilience and Healing Project

The Project collaborated with Prof Yip Kam Shing to deliver a series of professional training on Emotionality and Mood Articulation: Interpretation and Intervention in Trauma Healing (Level I to IV).



- The training was well received by the participants

## Positive Parenting Programme (Triple P®)

With the mission to convey “Love in the Service of Hope”, accredited Positive Parenting Programme group facilitators provided training to more than 200 families from deprived districts in a two-year project sponsored by the Social Welfare Development Fund. An evaluation research was conducted. It was found that the parenting competence and emotional issues of the participants were greatly improved.



- Participants were very attentive in the training sessions

## New Projects

### Caritas Jockey Club Project Cedar

This three-year project has been launched in February 2016 with the support of The Hong Kong Jockey Club Charities Trust. It aimed at providing multi-level support services for men aged between 18 and 55 with social, emotional or relationship difficulties.



• Men in the board game class



• Men's group gathering

### FLY Project

This research-based project received grant from the Simon K.Y. Lee Children's Fund to support the deprived families with toddlers aged between 16 and 20 months in Tsuen Wan, Tsing Yi, Tin Shui Wai and Tung Tau. The project was run in partnership with The Hong Kong Polytechnic University and The University of Hong Kong and in collaboration with Caritas Child Care Service.



• Participants enjoying the activities

### “Be Healthy, So Easy” Family Education Project

With the support of The Hong Kong Jockey Club Charities Trust, the Project was launched in eight Caritas Integrated Family Service Centres in collaboration with the School of Public Health, The University of Hong Kong. This research-based project aimed at promoting family holistic health and encouraging family interaction through 3-zero exercise (zero-time, zero-money and zero-equipment), healthy diet and positive life style.



• Participants practiced 3-zero exercise



• Participants had a great time with their family members in the session

## New Publications



• “I Am Unique” - develop children’s greatest potential from temperament perspective



• “Talking Sex and Love with Kids and Teens” – A manual on training parents to provide sex education for their children